

Discussion Questions for March 8-14, 2026

1. Have you ever seen someone be offered help and reject it? If so, tell a little about what they rejected and why you think they rejected the help.
2. Last week, we saw that Moab went to its religion (15:2) and to relocation (15:7-9) as their hope. Where does God direct them to seek help in 16:1-5?
3. All the Burdens were introduced by Babylon, which we saw was established in pride apart from God and spread through oppression and death. This is what the Moabites are running from; however, there is a throne in Jerusalem established in mercy. Let's compare the Babylon principle and the throne established in mercy. In what ways are they similar? How are they different?
4. To be under this throne established in mercy, the Moabites must be willing to pay tribute to Jerusalem (16:1) and seek refuge in Jerusalem (16:4). What would doing this practically mean for a Moabite at the time?
5. What gets in the way of Moab seeking refuge in Jerusalem (16:6) and how does that serve as a hindrance?
6. Remember, Moab is on the run from the "King of Babylon" who is driven by the Babylon principle. In what ways are they operating under the same principle even though they are on the receiving end of the King of Babylon's abuse?
7. What does operating under the Babylon principle cause to happen in Moab (16:10-14) and how is that similar to the fate of Babylon and her King (13:19, 14:14-15)?
8. In question 4, you thought about the practical implications for a Moabite of seeking to be under the throne established in mercy. Let's compare that to their fate under the throne established in pride. In what ways are they similar? How are they different?
9. We know that, ultimately, Jesus is the one who sits on the throne established in mercy. What does He tell those who would be under His throne that they must do in Matthew 16:24-27 and how is that comparable to what Moab was being asked to do in relation to Jerusalem?
10. Jesus implies that people reject this offer because they want to "save their life". What does He mean by that, and why doesn't it work?
11. What about Jesus makes you trust Him enough to "lose your life" to Him?
12. If you have accepted Jesus' offer to be under His throne, how is He asking you to deny yourself, take up your cross, and follow Him, who sits on the throne of mercy, this week?